

**Please answer every question by FILLING IN THE CIRCLE with a soft lead pencil.
Please give the best answer that you can.**

Some of the following list of issues may have been a problem for you or someone else in your household. If a listed item **has been a problem** in your household **over the past 12-months**, please tell us if it has been a **minor** problem or a **major** problem.

	(fill in only one circle on each line)			
	NOT a Problem	Minor Problem	Major Problem	Don't Know
<u>MONEY ISSUES</u>				
Not having enough money for food.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not having enough money for housing.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not being able to pay the utility bills.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not being able to buy needed clothing and shoes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not being able to afford legal help.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not being able to pay for or get medical insurance.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not having enough money to pay the doctor.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not being able to pay for prescription/ medications	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not being able to find or afford dental car	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not being able to find or afford child day care	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not knowing where to get help	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other (explain)_____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<u>HOUSING ISSUES</u>				
Not able to find affordable year-round housing...	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not able to repair/rehabilitate present housing.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not enough room in your house for all who live there	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not knowing where to get help	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other (explain)_____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<u>HEALTH ISSUES</u>				
Adult substance abuse (alcohol, drugs, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Adult / Teenage / Juvenile crime	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sexual Abuse / Sexual Assault.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Family Violence / Abuse	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not knowing where to get help.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other (explain)_____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<u>TRANSPORTATION ISSUES</u>				
Inadequate public transportation: On Island	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Inadequate public transportation: Off Island	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Inadequate transportation: Seasonal /Year round	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not knowing where to get help.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other (explain)_____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

ELDERLY ISSUES

The National Institute On Aging predicts that in the next twenty years one of five Americans will be 65 years old or older. WHAT NEEDS DO YOU HAVE WHICH YOU FEEL MUST BE ADDRESSED TO MAINTAIN YOUR "QUALITY OF LIFE".
(fill in only one circle on each line)

<u>Type of Problem</u>	<u>NOT a Problem</u>	<u>Minor Problem</u>	<u>Major Problem</u>	<u>Don't Know</u>	
Being able to drive my own car.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Finding transportation to programs if I can't drive...	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Being able to attend community events and activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Being able to socialize with people my age.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Having a "center" where I can socialize with friends...	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Receiving low-priced nutritious meals at home.....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Having endurance, balance and strength training	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Learning about the "benefits" to "seniors".....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
Learning how to live comfortably on a fixed income	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
	My current age is:	50-65 <input type="radio"/>	66-75 <input type="radio"/>	76-85 <input type="radio"/>	86-95 <input type="radio"/>

NUTRITION QUESTIONS

- How many 1/2 cup servings of fresh, frozen or canned fruit and or vegetables do you eat each day?
0 1 2 3 4 5 or more
- How many days each week do you get at least 30 minutes of at least moderate physical activity (like walking, gardening, etc.)?
0 1 2 3 4 5 or more
- What is your primary barrier to healthy eating and physical activity?
Motivation My appearance Time Money Ideas for getting started Other

The Nantucket Human Service Center INC. created through the unrelenting initiative of the Nantucket Council for Human Services is planning to build a facility on the corner of Miacomet and Surfside road . The targeted operational date is Oct. 2006. To assist the Council regarding potential usage of the Center's facilities, in **column A** please mark any of the organizations *with which you presently have contact*. In **column B** please mark any of the organizations *with which you think you may have contact within the next 5 years*. It is expected that this facility will provide a home for the following organizations:

- | | | | | | |
|--|--------------------------------|--------------------------------|------------------------------|--------------------------------|--------------------------------|
| 1.A Safe Place. | A <input type="radio"/> | B <input type="radio"/> | 11. Commission on Disability | A <input type="radio"/> | B <input type="radio"/> |
| 2.Adult Community Day Care. | A <input type="radio"/> | B <input type="radio"/> | 12. Family Planning | A <input type="radio"/> | B <input type="radio"/> |
| 3.Alliance for Substance Abuse Prevention. | A <input type="radio"/> | B <input type="radio"/> | 13. The Family Center | A <input type="radio"/> | B <input type="radio"/> |
| 4.Family and Children's Services. | A <input type="radio"/> | B <input type="radio"/> | 14. Legal Services | A <input type="radio"/> | B <input type="radio"/> |
| 5.Women's Infants & Children's Services | A <input type="radio"/> | B <input type="radio"/> | 15. Dept. of Social Services | A <input type="radio"/> | B <input type="radio"/> |
| 6.Nantucket Emergency Food Pantry. | A <input type="radio"/> | B <input type="radio"/> | 16. Habitat for Humanity | A <input type="radio"/> | B <input type="radio"/> |
| 7.Council for Human Services. | A <input type="radio"/> | B <input type="radio"/> | 17. Big Brother/Big Sisters | A <input type="radio"/> | B <input type="radio"/> |
| 8.Social Security Administration. | A <input type="radio"/> | B <input type="radio"/> | 18. Bell-Tone Hearing | A <input type="radio"/> | B <input type="radio"/> |
| 9 Institute of Health & Spirituality. | A <input type="radio"/> | B <input type="radio"/> | 19. Housing Office | A <input type="radio"/> | B <input type="radio"/> |
| 10.Dept. of Transitional Assistance | A <input type="radio"/> | B <input type="radio"/> | 20. Unemployment Office | A <input type="radio"/> | B <input type="radio"/> |

Please list here the numbers of up to 3 of these organizations that are the most important to you.

THANKS FOR ANSWERING THIS IMPORTANT HUMAN SERVICE SURVEY.